

MONTHLY UPDATE OF AWWA ACTIVITIES
MB AREA : DEC 2024

PART-I: EMPOWER VEER NARIS, WIDOWS, VETERANS AND NOKs

1. **Project 'ECHS Sparsh Seva aur Samman'**. Service personnel are provided medical cover through Military Hospitals during their active service period. ECHS has been operationalized from 01 Apr 2003 with the aim to provide quality medical care to the ESM and their dependents post their retirement. To further maximize the benefits of the scheme, **PROJECT SPARSH** was launched on **10 Oct 2017 by President AWWA** by forging an association to extend sharing and caring to our veterans and their dependents undergoing treatment in ECHS Polyclinics through a volunteer-based program. The project intends to mobilize ECHS volunteers by integrating veteran communities in the activities of ECHS and involving NCC / NSS / NGOs to connect and help the elderly beneficiaries. In the long term, Project '*Sparsh Seva aur Samman*' will assist in the effective functioning of polyclinics incl grievance redressal, counselling and other such requirements to help the ECHS beneficiaries.



ECHS SPARSH ACTIVITIES – NOV TO DEC

2. **Outreach Initiatives.** MB Area has initiated proactive steps to ensure that ESM/ Veer Naris/ Widows/ NOK of the Area as well as those residing in all the districts of the AOR do not face any hardships at any stage. Stn wise details of outreach pgme carried out in Nov- Dec 24 are as under:-

S No	Date	Place/Fmn	Strength of			
			ESM	Veer Naris	Widow	Dependents
Stn HQ Varanasi						
(a)	16,19,22,26, 29 Nov 2024	ECHS PC Varanasi	175	06	27	-
(b)	02,03,06,10 & 13 Dec 24	-do-	97	03	05	-
(c)	27 Nov & 12 Dec 2024	ECHS PC Gonda	43	-	02	
(d)	20 Nov 24	ECHS PC Basti	26	-	02	-

3. **Info on Welfare Scheme/Entitlement.** Regular and fresh updates on the welfare schemes for the serving / retired fraternity is being promulgated in all available platforms. The project SURYA SAMBANDH has been undertaken in all earnest in the Area and the veterans are being contacted over phone or physically. Progress of the outreach programme of till Dec 2024 is as under:-

<u>Name of Fmn</u>	<u>No of PC/BC in AOR</u>		<u>No of PC/BC Contacted</u>		<u>No of cases taken up for Ass/Grant</u>		<u>Remarks</u>
	<u>PC</u>	<u>BC</u>	<u>PC</u>	<u>BC</u>	<u>PC</u>	<u>BC</u>	
Purva UP & MP Sub Area	1029	494	774	459	01	14	(a) Resolve 12 & 01 PC cases. (b) In prog 02 BC case.

4. **Wreath laying at National War Memorial, New Delhi.** On 7th Dec 2024, Smt Hima Devi (NOK) Wife of Hav (Late) Pawan Kumar (13 PUNJAB) visited National War Memorial under the aegis of Punjab Regtl Centre. They were provided with all due assistance for the said visit to remember the gallant soldier. A memento was also presented by the National War Memorial representative during his visit.



5. Monthly pension is being provided to 03 x Widows / NOKs through GRENADIERS Association (GA) Fund. Details are as under :-

<u>Ser No</u>	<u>Name</u>	<u>Unit</u>	<u>Amount</u>	<u>Name of Fund</u>
(i)	No 2667867N Ex Nk (TS) Jeet Ram	2 GRENADIERS	5,000/-	Widow & Ex-Servicemen Pension Scheme (GA)
(ii)	Smt Bharti Devi w/o No 2686432A Late Nk Panna Lala	8 GRENADIERS	8,000/-	Widow & Ex-Servicemen Pension Scheme (GA)
(iii)	Smt Sheela Devi w/o No 2651320F Late Hav Nathu Singh	14 GRENADIERS	5,000/-	Widow & Ex-Servicemen Pension Scheme (GA)

PART-II: SUPPORT TO CHILDREN WITH SPL NEEDS

1. **Support Differently Abled Children and Disabled Veterans.** Details of differently Abled Children who were supported through employment are given below :-

S No	Name of Students	Name of Father	Unit	Name of School	Type of Job/ Employment
(a)	Miss Shivani Gupta (Ex student of Asha School, Jabalpur)	Mr. Ghanshyam Gupta (Civ)	2 TTR	Army Asha School, Jabalpur (MP)	Emp as attendant at Asha School, Jabalpur since 2018.
(b)	Master Suraj Kumar (Ex Student of Asha School, Jabalpur)	Hav Rampal (ESM)	2 TTR		Emp at Sanskriti Shop since 2022.
(c)	Master Sidhant Rawat	JC-379918X Sub Maj SS Rawat	4 TTR	ASHA School Jabalpur	
(d)	Master Sariyan Hossain	15693036M Hav Arjes Hossain	4 TTR	APS No 01 Jabalpur	

2. **Celebration of “International Day of Person with Disabilities” 2024.** International Day of Person with Disability-2024 was celebrated on 06 Dec 2024 at Asha School, Jabalpur. As a chief guest, Mrs Padma Suresh, Chairperson, FWO, 1 STC and as a special guest Mr Hare Ram, Deputy General Manager, SBI were present in the programme. Students of APS No 2 were also invited to the programme with the aim of promoting inclusion. Students of Asha School, Jabalpur and APS No 2 participated together in various sports and cultural activities.



ASHA SCHOOL: 06 DEC 2024

3. Mrs Sonali Parikh w/o Col Zahir Khan (Retd), 18 GRENADIER vis Asha School, Jabalpur on 11 Dec 2024. She was accompanied by Mrs Deepti Joshi w/o Col Manish Joshi, Dy Comdt, GRC. She distributed snacks hampers to students and donated ₹ 21,000/- cash to Asha School, Jabalpur.



MRS SONALI PARIKH VIS ASHA SCHOOL, JABALPUR ON 11 DEC 2024

4. **Christmas Celebration.** On 20 December 2024, Christmas was celebrated in Asha School, Jabalpur. Cake cutting and Christmas tree decoration was done by the student.



5. **Vis to “Awasiya Viklang School Sukrigarha” Ramgarh.** The Punjab Regimental Centre organised a vis to ‘Awasiya Viklang School Sukriganrha” Ramgarh on 25 Dec 2024. The Offrs and families of the Records The Punjab Regt Centre visited to the school where in the children were gifted sports kit and apparel. The day further unfolded with variety of fun games. The families and children interacted with children of the school and fostered a spirit of friendship and togetherness. The day culminated with lunch together and smile of every face.



6. **Interactive session with Special Educator, Counselor and Spl Children at APS, New Cantt on 11 Dec 2024.** An interactive session by Mrs. Neha Tiwari, an Audiologist and Speech Language Pathologist was org for Special Educators, Counselors and Spl Children of APS, New Cantt & ASHA School, Old Cantt, Prayagraj on 11 Dec 2024. The session focused on understanding and addressing communication challenges in children with special needs. Mrs. Tiwari shared valuable insights on identifying speech and language disorders, practical intervention strategies, and fostering collaboration among professionals. She emphasized the importance of tailored approaches to enhance communication skills, boosting the confidence and inclusivity of children. The session also featured open discussions, allowing parents of Spl children to share experiences and seek expert advice. It was an inspiring and empowering experience for all involved.



**INTERACTION WITH SPL CHILDREN AND COUNCELLORS AT APS NEW CANTT
ON 11 DEC 2024**

PART-III: AWARENESS ON MENTAL HEALTH, WELLNESS, MARITAL HARMONY, ASSISTANCE TO SEPARATED FAMILIES, AND ENVIRONMENT AWARENESS MENTAL HEALTH, WELLNESS, MARITAL HARMONY

1. **Lec on Garbh Sanskar by Dr Pushpa Pandey.** A symposium on 'Garbh Sanskar' (phase-I) for the ladies of Armed Forces fraternity was conducted at Batra Auditorium, Jabalpur Mil Stn on 14 Dec 2024 under the aegis of HQ MB Area and Zonal AWWA. The event was conducted by Dr Pushpa Pandey and her team of Obstetricians and Gynecologists from Jabalpur and Delhi. The session highlighted the importance of holistic prenatal care, combining traditional Indian practices with modern science to promote the well-being of both mother and child. Dr Pushpa Pandey emphasized the role of a positive mindset, balanced nutrition, yoga, and meditation during pregnancy. The practical demonstrations and scientific insights were well-received by the audience. Attendees appreciated the interactive format and found the session inspiring and informative, gaining valuable guidance on integrating "Garbh Sanskar" practices into their lives. The audience was sensitized about the importance of holistic development of women, which significantly improves outcomes of pregnancy and the newborn. Total of 400 ladies attended the event. A total of 424 attended the same.

2. After Phase I, Phase II is also planned in Mar 2025. The programme is intended to be conducted in the following manner: -

(a) **Phase-II.** Phase I was completed on 14 Dec 2024. In Phase 2, a 45 minute programme for all pregnant ladies and ladies desirous of conceiving, at MH Jabalpur on a monthly basis is planned. Around 40-50 such ladies available in the station coordinated by the Dept of Obs & Gyn MH Jabalpur will take part in these sessions and it is desirable that each lady attends at least 3-5 of these monthly sessions to gain maximum benefit. These sessions will include dietary advice and a session on exercises for physical wellbeing. These sessions will include dietary advice and a session on exercises for physical well-being. The first session of phase-II will be held in the month of Feb 2025 after obtaining consent from participants & ethical clearance from the ethical committee at Jabalpur medical college. Husbands of the pregnant ladies present in the stn will also take part in these sessions.

(b) **Phase-III.** This phase is aimed at elderly ladies – the caregivers at the homes of pregnant ladies. The sessions will focus on sensitizing elderly about their role in the physical, mental and spiritual well-being of the pregnant ladies under their care.

3. The programme will be conducted on a purely voluntary / honorary basis by Dr Pushpa Pandey and her team of experts and only logistic support for conduct of the sessions will be required to be provided by MB Area. Maj Vijaya Swarnim, MO (Microbiology) from MH Jabalpur is the nodal offr for this programme, to coordinate all present and future events. Dr Pushpa Pandey and her team are eager to train volunteers from the stn to carry forward the sessions on a regular basis. A group of volunteers (Medical Offrs, Nursing Offrs, Para medical & Non medical ladies) can be identified to be trained. After successful implementation of the 'Garbh Sanskar' programme as part of the Shiv Shakti Project at Jabalpur, it can be rolled out in other stns of MB Area in the next phase and extended to the rest of the country, if found to be beneficial.





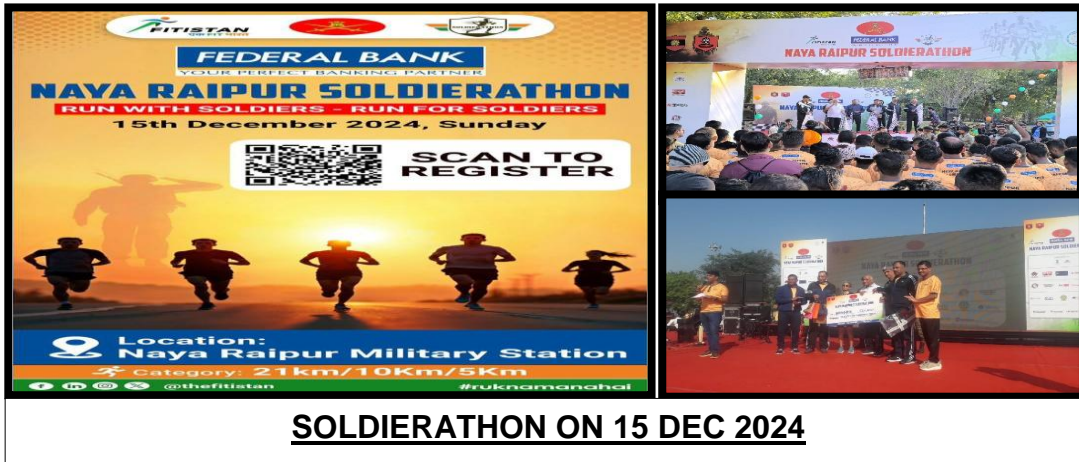
**LEC ON GARBH SANSKAR BY DR PUSHPA PANDEYAT BATRA
AUDITORIUM ON 14 DEC 2024**

4. **Session on “Role of Mediation in Conflict Resolution in Matrimonial Disputes”**. A session on the “**Role of Mediation in Conflict Resolution in Matrimonial Disputes**” by Mrs Neena Khare was conducted. Mrs Neena Khare is an experienced professional who has successfully Mediated 500 plus cases so far including cases referred by the High Court of Madhya Pradesh, Madhya Pradesh State Legal Services Authority, District & Sessions Courts and Family Courts. She emphasized the importance of mediation as a tool to foster emotional balance, enhance understanding, and reduce stress in strained relationships. Mrs Neena Khare demonstrated how mediation can help individuals approach conflicts with clarity and patience, creating space for constructive communication. The session included a lecture and also interactive activities with participants to enable them to counsel others during matrimonial disputes. The interactive discussion and practical techniques resonated with the audience, offering actionable steps for resolving disputes amicably. Attendees appreciated her deep insights and engaging delivery, finding the session both enlightening and empowering for managing matrimonial conflicts effectively.



**ROLE OF MEDIATION IN CONFLICT RESOLUTION IN MATRIMONIAL
DISPUTES**

5. **Soldierathon on 15 Dec 24.** COSA celebrated Vijay Diwas in Naya Raipur by facilitating the conduct of a 'Soldierathon' on 15 Dec 24. The event which was conducted jointly by the IA (through HQ COSA) and Nava Raipur Atal Nagar Vikas Pradhikaran (NRANVP) would involve the participation of 3000 serving jawans from the IA, CAPF and police, students, the gen public and NCC cdt's from the state.



6. **Lecture on HIV Awareness.** A lecture on HIV (Human Immunodeficiency Virus) Awareness was conducted by Maj Dharavath Sridhar Naik, MH, Ayodhya Cantt on 05 Dec 2024 at Awadh Auditorium, The Dogra Regimental Centre. The lecture was attended by families of the station.



7. **Lecture on Mental Health Stress Management at DRC, Ayodhya.** A lecture on Mental Health Stress Management was conducted by Dr Alok Mandarshan, Dist Hospital Ayodhya on 10 Dec 2024 at Awadh Auditorium, The Dogra Regimental Centre. The aim of the lecture was about stress management. The following topics were covered during the lec:-

- (a) **Improvement of Health.** Maintain a healthy weight, reduce the risk of heart disease and stroke and improve the digestive health.
- (b) **Up Liftment of Emotions.** To enhance wellbeing and encourage positivity.
- (c) **Improved Mental Health.** State of wellbeing where individuals are able to manage stress, maintain emotional balance and cope up effectively with life's challenges.
- (d) **Better Parent.** Cultivating qualities and practices that promote a supportive, loving and understanding environment.



STRESS MANAGEMENT FOR FAMILIES OF AYODHYA STN

8. **Lecture on 'Identification and Intervention of Hearing Loss Among Children' at Chheoki Stn.** A lecture was conducted by Mrs Neha Tiwari on 09 Dec 2024 on topic 'Identification and Intervention of hearing loss among children' and families of Cheeki Stn and OD Fort attended the event. Mrs Neha Tiwari



9. Mrs Suparna Das wife of Brig Jyoti Prakash, Comdt MH Mhow visited the family ward and presented gifts to new born babies in the hospital.



Mrs Suparna Das w/o Brig Jyoti Prakash, Comdt MH Mhow visited the family ward

Mrs Suparna Das w/o Brig Jyoti Prakash, Comdt MH Mhow presented gifts to new born babies

10. Dr Surbhi Saxena, Psychologist has been hired by 1 STC for providing psychiatric counselling to wives of JCOs & OR of 1 STC. A total 08 x session were conducted for the month of Dec 2024.

11. **Cancer Screening at MH Jabalpur.** A cancer screening camp was conducted by MH Jabalpur in collaboration with Vedanta Medical Research Foundation. Families of various centers and units in Jabalpur attended the Cancer Screening Camp at MH Jabalpur on 16-17 Dec 2024. The camp provided screening for early detection and cancer awareness. The event was inaugurated by Mrs Raj Laxmi Shekhawat, ZPA, MB Area AWWA. The camp provided screening for women to promote early diagnosis and treatment of cancer. A total of 143 Patents were examined. Key procedures conducted included 42 PAP Smear Tests and 45 Mammography screenings, targeting the detection of cervical and breast cancers respectively. Speaking at the inauguration, Mrs Shekhawat emphasized the importance of routine health checkups and spreading awareness about preventive measures. The Commandant MH Jabalpur expressed gratitude to the medical staff for their dedication and encouraged more such initiatives to ensure the well-being of the community. The camp was highly appreciated by attendees, with many expressing their gratitude for the free services provided. Such programs are aimed to prioritize the health and welfare of families within the Amed Forces.



CANCER SCREENING CAMP AT MH JABALPUR ON 16-17 DEC 2024

Entrepreneurship and Vocational Training

1. **Certificate Distribution Ceremony.** The ceremony to felicitate students of Assistant Beauty Therapist (ABT) & Self-Employed Tailor (SET) and NTT (Nursery Teacher Training) with course completion certificate was organised at ASTC, Jabalpur on 12 Dec 24. Mrs Rajlaxmi Shekhawat, Zonal President AWWA bestowed the occasion with her words of wisdom and marked the centre as a step towards enhancing women empowerment. A total of 10 offrs ladies and 20 JCOs & 88 OR families have attended the event. A total of 13 students of SET & 16 students of ABT (2nd Batch) were felicitated on this occasion. Certificate to 13 students of Nursery Teacher Training (NTT) which was conducted at Mercury FWC were also awarded during this occasion. During the ceremony, a lecture was delivered by Regional Coordinator of Ministry of MSME for job employability after successful completion of course. The event culminated with group photo of each batch and interaction of the chief guest with all the families over a cup of tea.



CERTIFICATE DISTRIBUTION CEREMONY AT ASTC ON 12 DEC 2024

2. **Vocational Training at DRC.** Vocational Course are being conducted at Vocational Training Centre, DRC and detls of courses are as below:-

Ser No	Class/ Course	No of Family/ Children attending
(a)	Stitching (Basic)	12
(b)	Stitching (Advance)	12
(c)	Yoga Class	10



3. **Workshop on 'Bee Wax Candle Making' and Talk on 'Entrepreneurship' at OD Fort, Prayagraj.** A workshop on Bee Wax Candle making was conducted by Mrs Navreet Milton and Mr Nimit Singh on 21 Dec 2024. A talk was also delivered by Mrs Navreet Milton on 'Entrepreneurship' and families of OD Fort, 508 ABW and 264 ASC Supply Coy also attended the same.



MRS NAVREET MILTON DELIVERING TALK ON 'ENTREPRENEURSHIP' AND WORKSHOP ON 'BEE WAX CANDLE MAKING' AT OD FORT, PRAYAGRAJ

4. **Tambola at Dogra Sainik Institute (DSI).** Tambola was org for families of The Dogra Regtl Centre at Sainik Institute at DRC. Snacks and soft drinks were also offered to the participating families. It is a fun filled game that encourages interaction and entertainment. It creates a lively atmosphere where participants



5. The fwg courses are conducted in Mercury FWC, HQ 1STC to empowering the families and their dependents by encouraging skill devp and education :-

Ser No	Course	Course Period	Str Attendes
(a)	Nursery Teacher Training (NTT) Course	<u>11 Jul 2024</u> <u>30 Jun 2025</u>	28 x Candidates
(d)	Tailoring Course	<u>01 Oct 2024</u> <u>27 Dec 2024</u>	18 x Candidates
(e)	Computer Course	<u>02 Dec 2024</u> <u>31 Jan 2025</u>	06 x Candidates
(f)	Silk Thread Jewelry Making Course	<u>17 Dec 2024</u> <u>31 Dec 2024</u>	06 x Candidates



Environment Awareness

1. **Anti Polythene Drive**. Community spaces in the AREA were cleaned and maintained by org Shramdan with an aim 'Anti Polythene Drive. A str of 150 x JCOs/OR and their families attended the same.



Family Welfare Meets

1. **JAKRRC**. Family Welfare Meet was organized by JAK RRC on 23 Dec 2024 at JAK Auditorium. The programme incl a Presentation Based on social media banned app in Indian Army.



2. **JOD**. A Welfare ladies meet was organized on the occasion of farewell party of Mrs Vandana Nair Chairperson FWO, JOD Jabalpur at Navdeep Hall on 10 Dec 2024.



3. **GRD, Gorakhpur**. A ladies' meet was org on 30 Dec at GRD, Gorakhpur with families of stn and Mrs Namratha Bhat, Chairperson FWO, Purva UP & MP Sub Area participated in the event by lighting a lamp for a propitious beginning. She addressed all ladies of the stn by motivating them and congratulated for all their efforts being contributed in AWWA Activities.



**FWO CHAIRPERSON INTERACTING WITH LADIES OF GORAKHPUR STN
ON 30 DEC 2024**

4. **COSA.** As part of the FWO meet, an informative lec for families in Naya Raipur Mil Stn was held on 18 Dec 24 in which latest aspects about AWWA and other welfare related schemes through which dependents could get benefited were covered for the attendees. The lec concluded with an informal interaction in which issues impacting the well being and welfare of families in the stn were discussed and games were also org and prizes were distr to the families. A total of 31 families attended the FWO meet and benefited from the educative lec.



FWO MEET ON 18 DEC 2024

5. **264 ASC Supply Coy.** Monthly Family Welfare Meet was org on 8th Dec 2024 in unit level and families gathered to discuss various ongoing issues and contributors of AWWA activities were presented with gifts for their efforts and good work.

6. **MB Area Camp** Family Welfare Meet was org on 23 Dec 2024 for families of MB Area Camp. A lecture by guest speaker Dr. (Mrs.) Mithali Jain, psychological Counselor on “Marital Harmony” was organised. The Speaker explained and emphasized the need to maintain cordial relations with all members of the family. Total of 05 x members were awarded a special prize for participation in welfare activities. A quiz competition was conducted and the participants were awarded gifts prizes. The theme for this FW Meet was X Mas and gifts were distributed to all children by Santa Claus. A surprise Christmas Cake cutting event enlivened the children. A total of 47 children of age group 5 to 12 took part. Children were given gifts by the Secy AWWA, Mrs. Rashmi Malhotra. Gifts containing Christmas savories and sweets were distributed to one and all.



7. **OD Fort, Prayagraj.** A Family welfare meet was org on 19 Dec 2024 at Triveni Hall. Families of Offrs, JCO and ORs attended the meet and following events were conducted:-

- (a) Lecture and Quiz on DO Part-II to bring awareness among families.
- (b) Lec on Nari Card and its importance.
- (c) A movie was screened on '**Mere Saath Bhi Mere Baad Bhi**'



PART-IV: EDUCATION AND SPORTS CULTURE

1. **Classes for RIMC/Mil Schools/ Sainik School.** Two sessions of Classes for RIMC/Mil Schools/ Sainik School were conducted to educate families and children about the application deadlines, admission procedure, entrance exam pattern/ Syllabus and fees of various RIMC/Mil Schools/ Sainik School. A str of 225 student and parents of this 1 STC attended the same.



2. Annual Day function was celebrated by the children of Tusker Pre Primary School at Navdeep Hall, Jabalpur on 13 Dec 2024. Christmas Day was celebrated by the children of Tusker Pre Primary School at TPPS on 25 Dec 2024.



3. **International Brushing Day.** CAPPS highlighted the importance of dental health and encourage young learners to develop good brushing habits on 04 Nov 2024. The day emphasized the importance of keeping teeth clean and healthy. The tiny tots participated in demonstrations where they learned the correct techniques for brushing. They also listened to engaging stories that highlighted the benefits of brushing twice a day and keeping away “Sugar bugs” that can harm their teeth.



4. **Art Integration Activity.** Art integration of Punjab and Guru Nanak Jayanti were celebrated on 13 Nov 2024. Art integration brought the vibrant culture of Punjab to life of little learners. The celebration featured a delightful dance performance by children dressed in traditional Punjabi attire, showcasing energetic moves to lively Punjabi songs. This joyful celebration combined music, food and culture, fostering creativity and deep appreciation for Punjabi's rich traditions among young learners.



5. **Children's Day Celebration.** Children's Day was celebrated with great enthusiasm and joy on 14 Nov 2024 at CAPPS. The school was beautiful decorated to mark the occasion and the students were welcomed warmly by the teachers. A magical highlight of the day was the thrilling magic show organised for the children. Fun games and activities were also organised and the atmosphere was filled with laughter and excitement. Delicious treats were distributed making the day even more memorable for children.



6. **Commemoration of Veer Baal Diwas in APS Varansi Cantt.** Veer Baal Diwas was commemorated on 23 Dec 2024. A special assembly was conducted wherein the students were informed about the lives of Sahibzada Zorawar Singh Ji & Sahibzada Fateh Singh Ji, their courage and sacrifice that they made through a speech and a short skit. A dance was also performed. Animated movie on Sahibzadas, 'Chaar Shahibzaade' was screened for the students. Painting Competition was also organised.



7. **Lecture & Trg for Teachers and Students of APS, New Cantt: 09 Dec.** A series of insightful and engaging lectures were conducted by Mrs. Neha Tiwari, an expert in the field of Audiology and Speech-Language Pathology (ASLP), to address critical aspects of communication and the lecture detls are as below:-

(a) The first session, aimed at teachers, focused on "Communication Disorders Among School-Going Children and Impact on Academics." Mrs. Neha Tiwari highlighted the importance of early identification and intervention for issues such as speech delays, stuttering, and language difficulties. She provided practical strategies for teachers to recognize these challenges in their students and emphasized the role of educators in fostering an inclusive learning environment.

(b) In the second session, Mrs. Neha Tiwari addressed students on "Communication Effectiveness and ASLP as a Career." She explained the significance of effective communication skills in personal and professional life, offering valuable tips for improving articulation, active listening, and nonverbal cues. Additionally, she introduced Audiology and Speech-Language Pathology as promising career path. She outlined the scope, opportunities, and impact of this field, inspiring students to consider it as a rewarding career option.



MONTHLY UPDATE OF AWWA ACTIVITIES
MB AREA : NOV 2024

EMPOWER VEER NARIS, WIDOWS, VETERANS AND NOKs

1. **Outreach Initiatives.** Various outreach initiatives were undertaken by **Purva UP and MP Sub Area** in varied forums during the period. Multipronged approach to ascertain and resolve the difficulties, especially of the Veterans Community is bearing fruit and resulting in increase in satisfaction levels. Stn wise details of outreach pgme carried out in Nov 2024 are as under: -

S No	Date	Place/Fmn	Strength of			
			ESM	Veer Naris	Widow	Dependents
Stn HQ Varanasi						
(a)	01,1 & 18 Nov 24	ECHS PC Varanasi	63	-	-	-
(b)	08 Nov 24	ECHS PC Ayodhya	21	04	07	-

2. **Veterans Outreach.** As part of Veterans outreach, an initiative has been taken by **PRC** under the aegis of **J&B Sub Area** from **11 Nov 2024 to 30 Nov 2024** with an aim to reach out maximum veterans of **Deoghar, Bhagalpur, Munger, Khagaria and Ranchi districts of Jharkhand & Bihar.** Five teams consisting of one JCO and one NCO each addressed the grievances recd from ESM, Veer Naris and Widows.



VETERANS OUTREACH AT JHARKHAND & BIHAR FROM 11 NOV 24 TO 30 NOV 24.

3. **Info on Welfare Scheme/Entitlement.** Regular and fresh updates on the welfare schemes for serving / retired fraternity is being promulgated in all available platforms. **Project SURYA SAMBANDH has been undertaken by Purva UP and MP Sub Area and veterans are being contacted over phone or physically. Progress of the outreach programme till Nov 2024 is as under:-**

Name of Fmn	No of PC/BC in AOR		No of PC/BC Contacted		No of cases taken up for Asst/Grant		Remarks
	PC	BC	PC	BC	PC	BC	
HQ Purva UP & MP Sub Area	1029	494	774	459	-	13	(a) Resolved 12 cases. (b) 01 BC case under prog.

4. **ECHS Sparsh Volunteers.** ECHS Sparsh Volunteers are detailed by Welfare Complex, HQ MB Area from each Centres. **Mrs Suman Lata w/o Maj Abhay Singh and Mrs Ashwini w/o Maj Ravikumar Mali alongwith three JCO/ OR ladies visited ECHS MH Jabalpur on 19 Nov 2024 at 1030hr under the aegis of HQ MB Area as ECHS Sparsh Volunteers.** They assisted the veterans in making their tokens and get their medicines and interacted with the OPS patient's. Capt Singh (Retd) OIC ECHS assisted the ladies and briefed them.



ECHS SPARSH VOLUNTEERS AT ECHS MH JABALPUR ON 19 NOV 2024

5. **Empowering Veer Naris, Widows & NoKs.** At present **four Veer Naris have been employed at 'Project Pratishta', at the Vocational Training Centre 'Astitva' of BIHAR RC.** They have been trained to Stitch Drill Spades, Satchels and Water btl cover for The Recruits/ Trainees.



6. **Madhubani Painting Classes.** Madhubani Painting Classes has been conducted at VTC, Astitva, BIHAR RC wef 18 Nov 24 onwards.



7. The fwg courses are conducted in Mercury FWC, HQ 1STC and Army Skill Training Centre (ASTC), HQ MB Area to empowering the families and their dependents by encouraging skill devp and education :-

Ser No	Course	Course Period	Str Attendes
(a)	Nursery Teacher Training (NTT) Course	<u>11 Jul 2024</u> <u>30 Jun 2025</u>	28 x Candidates
(b)	Assistant Beauty Therapist (ABT)	<u>18 Sep 2024</u> <u>28 Jan 2025</u>	30 x Candidates
(c)	Self Employed Tailor (SET)	<u>18 Sep 2024</u> <u>18 Jan 2025</u>	37 x Candidates
(d)	Tailoring Course	<u>01 Oct 2024</u> <u>27 Dec 2024</u>	18 x Candidates
(e)	Baking Course Batch 01	<u>18 Nov 2024</u> <u>22 Nov 2024</u>	10 x Candidates
(f)	Baking Course Batch 02	<u>25 Nov 2024</u> <u>29 Nov 2024</u>	19 x Candidates



BAKING COURSE



NTT COURSE

8. **Financial Assistance by OD Fort, Prayagraj.** Financial Assistance provided by OD Fort, Prayagraj during the month of Nov are as below:-

(a) **Smt Reeta Devi W/o Sub Late Kamal Singh.** Onetime Grant of Rs. 1,50,000/- (Rupees one lakh fifty thousand only) from ACWF has been handed over to Smt Reeta Devi W/o JC-733959W Sub Late Kamal Singh on 21 Oct 2024.



**SMT REETA DEVI W/O SUB
LATE KAMAL SINGH AT
PRAYAGRAJ ON 21 OCT 2024**

(b) **Smt Anita Choudhary W/O Hav Late Raj Kumar.** Onetime grant of Rs. 1,50,000/- (Rupees one lakh fifty thousand only) has been handed over to Smt Anita Choudhary W/o No 15814810F Hav Late Raj Kumar on 22 Oct 2024.



**SMT ANITA CHOUDHARY W/O
HAV LATE RAJ KUMAR AT
PRAYAGRAJ ON 22 OCT 2024**

(c) **Smt Renu Devi W/o Sep Late Ramnath Shah.** A onetime grant for a sum of Rs. 9,600/- (Rupees nine thousand six hundred only) have been handed over to Smt Renu Devi W/o No 6948255Y Sep Late Ramnath Shah on 24 Oct 2024.



**SMT RENU DEVI W/O SEP LATE
RAMNATH SHAH AT PRAYAGRAJ
ON 24 OCT 2024**

9. **Meaningful Assistance to Veer Naris, Veterans, Windows and NOKs through Young Offrs.** Four YO's reported to DRC for Regimental Orientation trg post commissioning as offrs into the IA. YO's proceeded to "Dogra Desh Darshan" sch wef 13 Oct to 21 Oct 2024 where they interacted with Veterans, War Windows and Veer Naris of the Regiment.



MEANINGFUL ASSISTANCE TO VEER NARIS, VETERANS, WINDOWS AND NOKS THROUGH YOUNG OFFRS AT DRC 13 OCT TO 21 OCT 2024

SUPPORT TO CHILDREN WITH SPL NEEDS

10. **Asha School Jabalpur**

(a) **Visit of GOC, MB Area.** Lt Gen PS Shekhawat, AVSM, SM, GOC MB Area visited Asha School on 05 Nov 2024. He was recd by Brig T Suresh, Comdt, 1STC, Col Anjali Bisht, CO, 2 TTR and Dr Madhoolika Mishra Tripathi, Principal, Asha School. He appreciated the efforts of the staff and management for excellent professional services being provided to CWSN defence personnel and civilians in Jabalpur.



VISIT OF GOC HQ MB AREA TO ASHA SCHOOL, JABALPUR ON 05 NOV 2024

(b) **Children's Day Celebration.** Children's Day was celebrated on 14 Nov 2024 in the premises of Army Asha School, Jabalpur in two phases. In the first phase, a movie "Baby's Day Out" was shown to students at Kalpana Auditorium. In second phase, cultural pgme were org for the students. At the end of the pgme gift hampers and snacks were distributed to the children by Col Anjali Bisht, Secy, Asha School.



CHILDREN' DAY CELEBRATION AT ASHA SCHOOL JABALPUR ON 14 NOV 2024

(c) **Guru Nanak's Birthday Celebration.** On the occasion of Guru Nanak's Birthday on 14th Nov 2024, students of Asha School, Jabalpur were taken to Gurudwara.



11. **Steps Towards Inclusive Education.** Differently-abled children and disabled veterans of our community need assistance and compassion to lead a happy and contented life. In addition to the assistance, the focus of AWWA has been to provide them equal opportunity towards achieving self-reliance. **NEP 2020 is under various stages of adoption in all the schools in the AOR of Area.**

<u>S No</u>	<u>School</u>	<u>No of Specially Abled students</u>	<u>Name of Special educator with qualification</u>
(a)	APS Prayagraj	27	Mrs Anju Yadav, BA, D.Ed & B.Ed Spl, CTET
(b)	APS Ayodhya	01	Ms Neha, B.Sc, B.Ed Special Education
(c)	APS Varanasi	11	Ms Supriya Shaw, B.Sc, M.Sc, B.Ed Sp (HI)
(d)	APS Gorakhpur	11	Mrs Pratibha Upadhyay, B.Sc (Botany), B.Ed Spl, CTET
(e)	APS Jabalpur	09	-

12. Fwg actions/ activities have been taken in HQ MB Area to empower differently-abled children for the month of Nov 2024 :-

(a) **Support Differently Abled Children and Disabled Veterans.** Details of differently Abled Children who were supported through employment are given below : -

S No	Name of Students	Name of Father	Unit	Name of School	Type of Job/ Employment
(i)	Miss Shivani Gupta (Ex student of Asha School, Jabalpur)	Mr. Ghanshyam Gupta (Civ)	2 TTR	Army Asha School, Jabalpur (MP)	Emp as attendant at Asha School, Jabalpur since 2018.
(ii)	Master Suraj Kumar (Ex Student of Asha School, Jabalpur)	Hav Rampal (ESM)	2 TTR		Emp at Sanskriti Shop since 2022.

AWARENESS ON MENTAL HEALTH, WELLNESS, MARITAL HARMONY, ASSISTANCE TO SEPARATED FAMILIES, AND ENVIRONMENT AWARENESS

13. **Visit of Mrs Ruchira Sengupta, Regional President AWWA, to Amrita Shop.** Mrs. Ruchira Sengupta visited the newly opened Amrita Shop on 16 Nov 24 at Jabalpur Cantt. The shop aims to provide a platform to budding entrepreneurs of Jabalpur Army fraternity. A wide variety of products made by families of Jabalpur Cantt are showcased at the shop. **Ms Ruchira Sengupta appreciated the Resin artwork, block printed fabrics, homemade sweets and savouries and Asha School products among many other things displayed.** She particularly appreciated the staff's attentiveness and helpfulness, as they were keen on understanding the needs of every customer and providing personalized assistance.



14. **Visit of Mrs Ruchira Sengupta, Regional President AWWA, to Bakery Shop.** Mrs. Ruchira Sengupta visited newly opened Bakery, Blissful Bites, on 16 Nov 24 at Jabalpur Cantt. The bakery products with millets, desi ghee and jaggery were appreciated by her. She appreciated the healthy approach to baking.



15. **Lecture on Mental Health, Awareness.** A lecture on 'Mental Health' by Mrs Elina Hidayat, Psychological Counsellor was org on 23 Nov 2024 for families of MH Prayagraj. Imp activities and actions for balancing day to day work and keeping up Mental health were discussed.



LECTURE BY MRS ELINA HIDAYAT ON MENTAL HEALTH AT MH PRAYAGRAJ ON 23 NOV 2024

16. **Mental Health.** Dr Surbhi Saxena, Psychologist has been appointed by 1 STC for providing psychiatric counselling to wives of JCOs & OR of 1 STC at Jabalpur. Seven sessions were conducted on Health, Wellness and Spiritual wellbeing for families in the month of Nov 2024.

17. **FWO Meet.** A Spl FWO meet was org at AEC Trg College Centre on 06 Nov 2024. 'Poem on Women Empowerment' was org for families of the strn. Total 178 families attended the event. The poem was presented by Mrs Anjali W/o Hav Sudhir Singh.



18. **Skit by families in Pachmarchi Stn.** On 06 Nov 2024 during Spl FWO Meet '**Skit on Ghar Ka Vaid**' was org for families of the stn and was conducted by Mrs Vaisnavi and Mrs Imran where first aid importance was shown to families.



19. **Lecture on Prevention of Adverse Effects of Cold.** A lecture on prevention of adverse effects of winter season was conducted by Dr Sudeshna Biswas at J and B Sub Area.



20. **Lecture of Health Awareness.** A lecture of health awareness was conducted by Dr Renu of Mil Hosp Ramgarh Cantt in the month of Nov 2024. The aim of lecture was to maintain good health and prevention of diseases.



**LECTURE OF HEALTH AWARENESS AT
MIL HOSP RAMGARH CANTT ON NOV
2024**

21. A Lec on financial management and cyber fraud conducted at COD by representative of SBI Branch, Ranjhi on 29 Nov 2024.



22. **Lecture on Women & Fitness.** A lecture on Women & Fitness was conducted by Smt Barsharani Gaan w/o LNK Ranjit Moharana followed by Tambola Game. Photos of the same are as under :-



23. **Vis to Galley Museum and Chak Amru Lake.** To provide exposure/ get to know about Regts glorious history, Battle Honours & War trophies, a visit to “Galley Museum” and “Chak Amru Lake” was org for families and children of Trg Bn, Punjab Regt Centre on 23 Nov 2024. A str of 04 x Offrs’ wives, 05 x JCOs families and 14 x OR families alongwith their children attended the same.



24. **Picnic at Pandit Dindayal Smriti Udayaan in Varanasi.** A picnic was org at Pandit Dindayal Smriti Udayaan for families on 08 Nov 2024.



25. **Dev Deepawali-2024.** Dev Deepawali was celebrated on River Ganges Ghat, Varanasi on 15th Nov 2024. A str of 70 families attended the same. **The Centre had catered for their tpt and boating wherein all families witnessed special Ganga Aarti followed by Laser Show, Drone Show & Fire Cracker Show. The Regional President AWWA Mrs Ruchira Sengupta joined the families at Varanasi to celebrate Dev Deepawali.**



26. **Inauguration of Pahanawa Tailoring Shop, Varanasi.** As an AWWA women empowerment & entrepreneurship initiative a ladies tailor shop (*Pahanawa*) was inaugurated by Sr Dir Mrs Jyoti Datta, at PUMPSA on 15 Nov 2024 to address the increasing apparel stitching & modification demand by the families at Varanasi stn.



27. **Lec by Cardiologist.** A lec on Cardio well-being was conducted by Lt Col Yashwinder Singh, Cardio Med Specialist from AMC Corps. The officer acquainted the families with measures to inculcate in daily life to keep up the cardio vascular body reqmts. He also met the individuals with cardio cases and rendered spl medical advice for the same.



28. **Gift to New Born Babies.** Mrs Suparna Das wife of Brig Jyoti Prakash, Comdt MH Mhow visited the family ward and presented gifts to new born babies in the hospital.



MRS SUPARNA DAS W/O BRIG JYOTI PRAKASH, COMDT MH MHOW VISITED THE FAMILY WARD



MRS SUPARNA DAS W/O BRIG JYOTI PRAKASH, COMDT MH MHOW PRESENTED GIFTS TO NEW BORN

EDUCATION AND SPORTS CULTURE

29. **CAPPS 1 STC, JABALPUR.** The fwg activities were carried out during the month of Nov 2024 at CAPPS. Photographs of activities are as under:-



FLOWER DAY CELEBRATION ON 11 NOV 2024



**SAVE NATURAL RESOURCES ACTIVITY
ON 12 NOV 2024**



**CHILDREN DAY CELEBRATION
ON 14 NOV 2024**

30. **International Brushing Day.** CAPPS, Jabalpur highlighted the importance of dental health and encourage young learners to develop good brushing habits on 04 Nov 2024. The day emphasized the importance of keeping teeth clean and healthy. The tiny tots participated in demonstrations where they learned the correct techniques for brushing. They also listened to engaging stories that highlighted the benefits of brushing twice a day and keeping away “Sugar bugs” that can harm their teeth.



31. **Art Integration Activity.** Art integration of Punjab and Guru Nanak Jayanti were celebrated by CAPPS, Jabalpur on 13 Nov 2024. Art integration brought the vibrant culture of Punjab to life of little learners. The celebration featured a delightful dance performance by children dressed in traditional Punjabi attire, showcasing energetic moves to lively Punjabi songs. This joyful celebration combined music, food and culture, fostering creativity and deep appreciation for Punjabi's rich traditions among young learners.

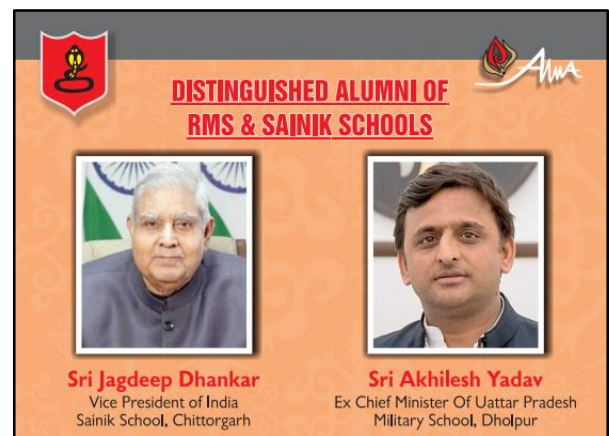
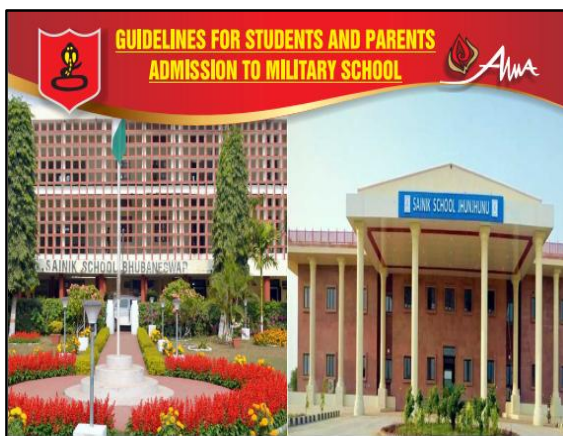


**STUDENTS OF CAPPs, JABALPUR CELEBRATING ART INTEGRATION
ACTIVITY ON 13 NOV 2024**

32. **Children's Day Celebration.** Children's Day was celebrated with great enthusiasm and joy on 14 Nov 2024 at CAPPs, Jabalpur. The school was beautiful decorated to mark the occasion and the students were welcomed warmly by the teachers. A magical highlight of the day was the thrilling magic show organised for the children. Fun games and activities were also organised and the atmosphere was filled with laughter and excitement. Delicious treats were distributed making the day even more memorable for children.



33. **Guidance and Mentoring for Admissions to Sainik Schools, RIMC and Mil Schools.** In order to facilitate information availability to Students desirous of admission to RIMC/Mil School/ Sainik School schools, Sub Areas and fmn of the AOR were recommended to conduct ten prep classes and guidance sessions for school students on Entrance Exams for RIMC/Mil School/ Sainik School. **To this effect, a booklet detailing various aspects of admissions alongwith timelines was organize as a ready reckoner by HQ MB Area. The same, alongwith a PowerPoint presentation, was circulated to all Fmns/Centres. Soft copies of the aforesaid booklet and pn for students and parents has already been fwd to all concerned (Booklet copy att).**



34. **Olympiad Champions APS, Gorakhpur.** Spardha International Sports Olympiad 2024 was org by City Montessori School, Lucknow. Students of APS, Gorakhpur participated and bagged 04 Gold Medals, 03 Silver Medals and 04 Silver medals bringing laurels to the school.

35. **Annual Sports Day & Athletics Meet, New Cantt Allahabad.** APS, New Cantt, Allahabad celebrated its Annual Sports Day on 27 Nov 2024 in the vibrantly decorated school campus. Athletics Meet was also org in the school on 19 & 22 Nov 24. Athletics events like, 100 mtr, 200mtr, 400 mtr, 800 mtr, 4 x 100 mtr race, long Jump, Hurdle race were org during the period.



ANNUAL SPORTS DAY & ATHLETICS MEET, NEW CANTT ALLAHABAD ON 27 ON 2024

36. **Motivational Lecture at APS, Ayodhya.** Maj Rajendra Prasad Jat, SC, an illustrious Officer and proud recipient of Shaurya Chakra shared his experiences of Op Walterhal to students of APS, Ayodhya. His speech guided students on how to balance the positives and negatives of life.



37. **Children's Day 2024.** APS New Cantt, Prayagraj, APS Varanasi and APS Gorakhpur celebrated Children's Day. Children displayed their talents as per their interests and hobbies.



38. **Visit to APS-2, Jabalpur.** Maj Gen PS Dahiya, COS, HQ MB Area alongwith CEW, Brig (Adm) and SO School Sec, HQ MB Area visited APS -2, Jabalpur on 28 Nov 24. Brig Rakesh.



COS, HQ MB AREA VISITING APS-2 JABALPUR ON 28 NOV 2024

39. **Vidyanjali Volunteer Programm.** Mrs Manjari Sharma, Pry Wing Coordinator alongwith Mrs Sanjeet Kaur, Art & Craft Teacher and Mrs Anju Dumre, PTI of **APS 2 Jabalpur cantt** visited **Railway Sarai School** on **30 Nov 2024**. The vis was to encourage and motivate the children by distributing the prizes of the Drawing and Racing Competition held on 29 Sep 2024.



VIS TO RAILWAY SARAI SCHOOL BY APS 2, JABALPUR: 30 NOV 2024

40. **Educational Trip Class 12th Humanities : 30 Nov 2024.** Students of class 12th Humanities APS 2 Jabalpur cantt embarked on a historical and educational trip to two iconic landmarks in the region Chousth Yogini and Madan Mahal Fort on 30 Nov 2024.



41. **Athletics Competition.** 24 x CBSE School Participated in Athletics Competition held at St Gabriel Hr Sec School REV BRO joy joseph Memorial on 18 Nov 24. **Students of APS 2, Jabalpur School won 4 x Gold Medals, 4 x Silver Medals and 8 x Bronze Medals in different events.**

42. **Surya Half Marathon & Run for Fun.** **Surya Half Marathon was organized by HQ MB Area under the aegis of Central Command on 17 Nov 2024.** The event witnessed enthusiastic participation from combatants, civilian families and children with over 10000 participants registering for various categories of the marathon, showcasing the spirit of fitness and community bonding. **A Walkathon and run-for-fun were also conducted to spread awareness among army families and children.** As a run up to the marathon, following promotional events were organised to ensure wide publicity and to spread awareness on health benefits:

- (a) 25 Sep 2024-Curtain Raiser at Netaji Subhash Chandra Auditorium
- (b) 07 Nov 2024- Press Conference of GOC, MB Area with Mayor of Jabalpur (MP)
- (c) 09 Nov 2024- Promotional event for families and children at Batra Auditorium, Jabalpur Cantt
- (d) 11 Nov 2024- Walkathon for ladies at Jabalpur military station
- (e) 12 Nov 2024- Bib expo for participants
- (f) 17 Nov 2024- Surya Half Marathon



CURTAIN RAISER ON 25 SEP 2024



PROMOTIONAL EVENT AT BATRA AUDITORIUM ON 09 NOV 2024



BURN FAT NOT FUEL ON 11 NOV 2024 AT JABALPUR



PRIZE DISTRIBUTION BY REGIONAL PRESIDENT AWWA & ZONAL PRESIDENT AWWA ON 17 NOV 2024 AT JABALPUR

MONTHLY UPDATE OF AWWA ACTIVITIES
MB AREA : OCT 2024

EMPOWER VEER NARIS, WIDOWS, VETERANS AND NOKS

1. **Outreach Initiatives.** Various outreach initiatives in varied forums were undertaken during the period. Multipronged approach to ascertain and resolve the difficulties, especially of the Veterans Community is bearing fruit and resulting in increase in satisfaction levels. Stn wise details of outreach pgme carried out in Oct 24 are as under: -

S No	Date	Place/Fmn	Strength of			
			ESM	Veer Naris	Widow	Dependents
(a)	14 Oct 24	ECHS PC Azamgarh	34	07	05	-

2. Demand Draft for Rs 1,50,000/- on account of one-time grant of ACWF was handed over to Smt Prabha Tiwari wife of No 6942789N LNK Late Virendra Kumar Tiwari, 1 STC, on 31 Oct 2024 as part of mother unit concept by spl courier.

3. Monthly pension is being provided to Widows/ NOKs through GDR Association (GA) Fund. One time fin help was given to two needy pers. Details are as under :-

<u>Ser No</u>	<u>Name</u>	<u>Unit</u>	<u>Amount</u>	<u>Name of Fund</u>
(a)	No 2667867N Ex Nk (TS) Jeet Ram	2 GRENADIERS	5,000/-	Widow & Ex-Servicemen Pension Scheme (GA)
(b)	Smt Bharti Devi w/o No 2686432A Late Nk Panna Lala	8 GRENADIERS	8,000/-	Widow & Ex-Servicemen Pension Scheme (GA)
(c)	Smt Sheela Devi w/o No 2651320F Late Hav Nathu Singh	14 GRENADIERS	5,000/-	Widow & Ex-Servicemen Pension Scheme (GA)
(d)	Smt Asha Devi w/o No 2704108N Late Nk Bhuvendra Kumar	13 GRENADIERS	50,000/-	One time Fin help from AGWF
(e)	Smt Sushma Devi w/o No 2695572N Late Nk Gopal	21 GRENADIERS	1,00,000/-	One time Fin help from AGWF

4. **Info on Welfare Scheme/Entitlement.** Regular and fresh updates on the welfare schemes for the serving / retired fraternity is being promulgated in all available platforms. The project SURYA SAMBANDH has been undertaken in all earnest in the Area and the veterans are being contacted over phone or physically. Progress of the outreach programme of till Oct 2024 is as under:-

Name of Fmn	No of PC/BC in AOR		No of PC/BC Contacted		No of cases taken up for Ass/Grant		Remarks
	<u>PC</u>	<u>BC</u>	<u>PC</u>	<u>BC</u>	<u>PC</u>	<u>BC</u>	
HQ Purva UP & MP Sub Area	1029	494	774	459	-	13	(a) Resolved 12 cases. (b) In prog 01 BC case.

SUPPORT TO CHILDREN WITH SPL NEEDS

5. Differently-abled children and disabled veterans of our community need assistance and compassion to lead a happy and contented life. In addition to the assistance, the focus of the Area has been to provide them equal opportunity towards achieving self-reliance. The issue has been addressed right from school level where all the APSs in the AOR of the Sub Area have adopted inclusive school model admitting Special Children and hiring Special Educators for facilitating to their special needs. Details are as follows:-

S No	School	No of Special Abled students	Name of Special educator with qualification
(a)	APS Prayagraj	27	Mrs Anju Yadav, BA, D.Ed & B.Ed Spl, CTET
(b)	APS Ayodhya	01	Ms Neha, B.Sc, B.Ed Special Education
(c)	APS Varanasi	11	Ms Supriya Shaw, B.Sc, M.Sc, B.Ed Sp (HI)
(d)	APS Gorakhpur	11	Mrs Pratibha Upadhyay, B.Sc (Botany), B.Ed Spl, CTET

6. **Support Differently Abled Children and Disabled Veterans.** Details of differently Abled Children who were supported through employment are given below :-

S No	Name of Students	Name of Father	Unit	Name of School	Type of Job/ Employment
(i)	Miss Shivani Gupta (Ex student of Asha School, Jabalpur)	Mr. Ghanshyam Gupta (Civ)	2 TTR	Army Asha School, Jabalpur	Emp as attendant at Asha School, Jabalpur since 18.
(ii)	Master Suraj Kumar (Ex Student of Asha School, Jabalpur)	Hav Rampal (ESM)	2 TTR	Jabalpur (MP)	Emp at Sanskriti Shop since 2022.

7. **Asha Milap Activities.** To promote inclusivity, emotional growth and the development of essential life skills as well as to encourage the social participation of Asha School children the "ASHA MILAP" program was organized on October 4, 2024, with the students of APS-2 at Asha School Jabalpur.



ASHA MILAP PROGRAM WITH APS - 2

8 **Navratri & Garba Celebration: 08 OCT 2024.** Navratri and Garba were celebrated on 08 Oct 2024 at the premises of Army Asha School, Jabalpur. Mrs Padma Suresh, Chairperson of AWWA 1 STC and the officer's wives were present as guests at the program. The program included a beautiful display of Garba and Dandiya Raas along with Ghoomer performed by the students their siblings, mothers, school teachers and members.



NAVRATRI & GARBA CELEBRATION: 08 OCT 2024

9. **Divya Kala Mela** Lt Gen PS Shekhawat, AVSM, SM, GOC MB Area visited the Divya Kala Mela, a unique exhibition celebrating the creativity and skills of Divyangjan. Students from the Army Asha School, Jabalpur proudly displayed handmade decorative items at their stall. GOC praised NHFDC for providing this empowering platform, enabling Persons with Disabilities to showcase and market their products. The event was further enlivened by a beautiful cultural dance performance by the Asha School students, adding vibrancy to the celebration.



LT GEN PS SHEKHAWAT, AVSM, SM, GOC MB AREA VISITED THE DIVYA KALA MELA

10. **Diwali Celebration at Asha School Jabalpur.** A Diwali Celebration was organized on 25th Oct 2024 at Asha School Jabalpur. All the students were decorated diyas and students from Army Public School-2 joined them in celebration. The students made and a small scale craker show was organized by teachers while taking proper precautions. On this occasion, the teaching staff, non-teaching staff, Adm staff of Asha School, Jabalpur and counsellor of APS-2 Dr Jogendri Patharia were present. Sweets were distributed at the end of the program. Additionally, a stall by Asha School was set up at the stn Diwali Mela on 26th Oct 2024, showcasing items made by the children of Asha School.



DIWALI CELEBRATION AT ASHA SCHOOL JABALPUR

AWARENESS ON MENTAL HEALTH, WELLNESS, MARITAL HARMONY, ASSISTANCE TO SEPARATED FAMILIES, AND ENVIRONMENT AWARENESS

11 **Mental Health Awareness.** On 23 Oct 2024 during FWO Meet 'Presentation on Mental Health Awareness' was org for families of Panchmarchi Mil stn. The presentation was conducted by Dr Dhaarna Bhardwaj W/o Lt Col Abhishek Bhardwaj.



12. **Lec by Marriage Counsellor : NRMS.** On 18 Oct 24, FWO NRMS org a lec by Dr Jagdish Ajwani, a Raipur based Marriage Counsellor & an Emotional Psychologist having an experience of almost 40 yrs. The 90 min informative lec incl aspects related to maintaining harmony in md life, adjustment amongst couples, appre towards each other and anger mgt. The lec was very well recd by the audience. A total of 66 Ofrrs, JCOs & men of NRMS along with their families attended the lec.



13. Yoga classes were conducted from 02 Sep 24 to 25 Oct 24 for families at 1 STC.



YOGA CLASSES AT VTC

- 14 Dr Surbhi Saxena, Psychologist has been hired by 1 STC for providing psychiatric counselling to wives of JCOs & OR of 1 STC. A total 09 x session were conducted for the month of Oct 2024.



PSYCHIATRIC COUNSELLING BY DR SURBHI SAXENA

15. **Lec on Dental Hygiene** . A lec on Dental Hygiene for the families of the unit was conducted at Navdeep Hall on **21 Oct 2024**. The lec was delivered by OC Dental, Jabalpur. All families and children of the unit attended the same.



LEC ON DENTAL HYGIENE

EDUCATION AND SPORTS CULTURE

16. **Cultural Evening.** A cultural evening was org at Dogra Regimental Center on the occasion of Diwali Mela from 28 Oct 2024. The event was org for three different age group i.e for below 12 yrs, 12-20 yrs and above 20 yrs.



CULTURAL EVENING : 28 OCT 2024



CHILDREN ABOVE 12 YEARS PERFORMING ON STAGE

17. **Sketch Art Workshop.** A sketch art Workshop was org at Dogra Regimental Center on the occasion of Diwali Mela from 28-29 Oct 2024.



18. **Holiday Camp for Children.** A Holiday Camp for children of Pachmarhi Mil Stn was org wef 12 - 19 Oct 2024 in which various activities for children were org. On culmination of the camp, Basketball match was conducted on 19 Oct 2024 at Basketball court, AEC Center.



19. **Involvement & Participation of Local Youth : Armed Forces Outreach Pgme, Raipur - 05 to 07 Oct 24.** The Armed Forces Outreach Pgme which was held in Raipur wef 05 to 07 Oct 24 witnessed the active involvement of youth from the state. Approx 50 volunteers from the Def Studies dept of Govt Science College, Raipur and over 100 NCC cdt's from various schools assisted HQ COSA in handling key resp (crowd cont, seating, security, access cont and so on) connected with the smooth conduct of the event. Consequent to the event, HQ COSA presented certs of participation & appre to these volunteers.

20. **Participation of Naxal Affected School Children from Dantewada.** The event also saw the participation of young school children riders in an Equestrian event org as part of the outreach pgme. These school children who hailed from Naxal Affected areas of Chhattisgarh and many of whom were also physically challenged had been trained by 1 CG R & V NCC unit at Anjora and reps of Brego & Hecter Equestrian Mgt Coy, Raipur. The performance of the children was appre by one and all. Almost one lakh people had vis the event over the three days it was held at Raipur.



PARTICIPATION OF NAXAL AFFECTED SCHOOL CHILDREN FROM DANTEWADA

21. **Rajinder Hostel.** In October 2024, the children of Rajinder Hostel were taken to a temple and D-Mart for shopping on the occasion of Dussehra, which was a new and pleasant experience for them. This trip not only gave them a glimpse of religious and cultural places, but also gave them an opportunity to shop, which added to their happiness. Apart from this, Rajinder Hostel was visited by civilian senior officers, which made the atmosphere of the hostel even more special. They praised the cleanliness of the hostel and the arrangements for child care, which also boosted the morale of the staff.



RAJINDER HOSTEL

22. **Conduct of Resin Art Wksp for Families & Children.** A wksp on Resin Art to motivate the families and children was conducted at Navdeep Hall from 09 Oct - 23 Oct 2024. Families and Children of the unit took part in the wksp with full joy and enthusiasm.



CONDUCT OF RESIN ART WKSP FOR FAMILIES & CHILDREN

23. **Dussehra Celebration.** Dussehra was celebrated with great enthusiasm on 09 Oct 2024 at CAPPS as little ones enjoyed a day filled with joy and learning. Through engaging stories, they learned about the victory of good over evil and importance of kindness and courage. Little learner also enjoyed Ramayana Skit, Ravan Dahan and Navdurga celebration with Dandiya dance.



Central Events

24. **Diwali Mela** Diwali Mela was celebrated at Cobra Ground Jabalpur on 26 Oct 2024 under the aegis of HQ MB Area. GOC and Zonal President AWWA, MB Area graced the occasion. Inauguration of grand festival was carried out by Mrs Rajlakshmi Shekhawat, Zonal President AWWA, MB Area. Various shops/stalls were set up Raffle draw was organised during Diwali Mela. Accordingly, Raffle tickets were distributed to all station units and prizes were purchased well in advance. Total 68 lucky personnel won the attractive prizes during the event. Wushu Display was also conducted by this unit during the Mela. The Trained Wushu Athletes participated with joy and zeal and sh own their talent in the event.



25. **Inauguration of “Amrita Souvenir Shop”**. On 29 October 2024, Mrs. Rajlaxmi Shekhawat, Zonal President AWWA, inaugurated the “Amrita Souvenir Shop” at the Cobra Shopping Complex. During the event, she highlighted AWWA's role in supporting and empowering military families, describing the new souvenir shop as a meaningful step toward this mission. The shop offers a variety of handicrafts, clothing and essentials, aiming to meet the needs of military families while supporting local artisans. The inauguration was attended by Officer’s, Jawan’s and their families who appreciated the initiative and its positive impact on the community. Mrs Rajlaxmi Shekhawat expressed hope that the shop would become a valuable resource and a symbol of self-reliance for the families, fostering a spirit of unity and support.



INAUGURATION OF “AMRITA SOUVENIR SHOP